July 0								
July 8 INSTAGRAM		MAILCHIMP		PINTEREST		TWITTER		
Followers	2,403	Recent growth (Jun 8-July 8)	115 new contacts	Followers	31	Followers	49	
Weekly profile visits	459	Top locations	Portland,OR / Chicago,IL / Provo,UT / Seattle,WA / Atlanta,GA	Monthly Viewers	451	1 ollowers		
Weekly website clicks	31	June Newsletter 1	488 opens / 56%	inchain, troncic	101			
Accounts reached	4,391	June Newsletter 2	369 opens / 40%					
Impressions	16,624	July Newsletter 1	Not published					
Most seen post	1,725 (self care tip post)							
Top location	Portland							
July 14								
INSTAGRAM	0.400	MAILCHIMP	4.054	PINTEREST	0.4	TWITTER	50	
Followers	2,420	Total subscribers	1,351	Followers  Monthly Viewers	31 4.7k	Followers	50	
Weekly profile visits	314	Recent growth Top locations	28newsubscribers Portland,OR / Chicago,IL / Provo,UT / Seattle,WA / Atlanta,GA	Monthly Viewers	4.7K			
Weekly website clicks Accounts reached	3,595	July Newsletter 1	333opens,47clicks					
Impressions	11,569	July Newsletter 1	3330pens,47 clicks					
Most seen post	1,159							
Top location	Portland							
July 22								
INSTAGRAM		MAILCHIMP		PINTEREST		TWITTER		
Followers	2,496	Total subscribers	1,351	Followers	32	Followers	51	
Weekly profile visits	428	Recent growth		Monthly Viewers	4.6k			
Weekly website clicks	43	Top locations	Portland,OR / Chicago,IL / Provo,UT / Seattle,WA / Atlanta,GA					
Accounts reached	2,667	July Newsletter 1	333opens,47clicks					
Impressions	11,420							
Most seen post	1,352							
Top location	Portland							
July 20								
July 28 INSTAGRAM		MAILCHIMP		PINTEREST		TWITTER		
Followers	2,584	Total subscribers	1,351	Followers	36	Followers	49	
Weekly profile visits	460	Recent growth	98 new contacts	Monthly Viewers	5.2k	rollowers	49	
Weekly website clicks	400	Top locations	Portland,OR / Chicago,IL / Provo,UT / Seattle,WA / Livingston,NJ	INDITITITY VIEWEIS	J.2K			
Accounts reached	2,454	July Newsletter 1	485_opens/118_clicks					
Impressions	12,342		155_556.16.11.5_51.61.6					
Most seen post	1,359							
Top location	Portland							
August 11								
INSTAGRAM		MAILCHIMP		PINTEREST		TWITTER		
Followers	2,712	Total subscribers	1,351	Followers	38	Followers	47	
Weekly profile visits	437	Recent growth	29)_new_contacts	Monthly Viewers	7.6k			
Weekly website clicks	46	Top locations	Portland,OR / Chicago,IL / Provo,UT / Seattle,WA / Livingston,NJ					
Accounts reached	2,474	July Newsletter 1	496_opens/120_clicks					
Impressions	11,992							
Most seen post	877 Portland							
Top location	Portiand							
August 15								
INSTAGRAM		MAILCHIMP		PINTEREST		TWITTER		
Followers	2,766	Total subscribers	1,550	Followers	40	Followers	47	
Weekly profile visits	338	Recent growth	102_new_contacts	Monthly Viewers	6k			
Weekly website clicks	35	Top locations	Portland,OR / Chicago,IL / Provo,UT / Seattle,WA / Livingston,NJ					
Accounts reached	4,785	August newsletter 1	Not sent					
Impressions	14,617							
Most seen post	1,134							
Top location	Portland							
Sentember 1								
September 1 INSTAGRAM		MAILCHIMP		PINTEREST		TWITTER		
Followers	2,893	Total subscribers	1,601	Followers	40	Followers	47	
Weekly profile visits	419	Recent growth	28newcontacts	Monthly Viewers	4.5k	1 Ollowers	71	
Weekly website clicks	46	Top locations	Portland,OR / Chicago,IL / Provo,UT / Seattle,WA / Livingston,NJ	monany viewers	7.01			
Accounts reached	3,178	August newsletter 1	388_opens,_94_clicks					
Impressions	13,305	August newsletter 2	387_opens,_124_clicks					
Most seen post	1,067							
Top location	Portland							
September 9								
INSTAGRAM		MAILCHIMP		PINTEREST		TWITTER		
Followers	2,919	Total subscribers	1,601	Followers	40	Followers	47	
Weekly profile visits	372	Recent growth	116	Monthly Viewers	4.5k			
Weekly website clicks	4,628	Top locations	Portland, OR / Chicago, IL / Provo, UT / Seattle, WA / Livingston, NJ					
Accounts reached	2,827	August newsletter 1	388_opens,_94_clicks					
Impressions  Most seen post	13,305 12k	August newsletter 2	387_opens,_124_clicks					
TIVIUSE SECTI DUSE								
Top location	Portland	l l						